



Town Community News

Thursday, July 9, 2015

Tree Keepers prune, teach in Forest Heights

Students to educate residence about maintenance, care



By Kirsten Petersen, Southern Maryland Newspapers/The Enquirer-Gazette

Daisha Campbell, 16, of Forest Heights said she once thought the sole purpose of trees was to provide oxygen. But since she became an employee of Forest Height’s Tree Keepers program June 29, Daisha said she has already learned how they can reduce pollution and improve air quality, information she is looking forward to sharing with her neighbors.

“The most exciting part will be talking to other people,” Daisha said of the program. “A lot of people don’t know the importance of trees. I feel like I would have a good point of view.”

Daisha and five other Prince George’s County students will be sprucing up street trees and going door to door to educate residents about the care and maintenance of trees through the Tree Keepers program, an initiative funded by a \$48,000 grant from the county’s Stormwater Management Division and the Chesapeake Bay Trust.

Forest Heights Mayor Jacqueline Goodall said the town wanted to start a program similar to an initiative in Philadelphia in order to teach residents about the benefits of trees, such as curbing stormwater runoff. The town was awarded the one-time grant, which will go toward the students’ and supervisors’ salaries, last November.

“It’s a win-win situation for everybody,” Goodall said. “Our students get a job, our citizens benefit from what they’re doing and the town also benefits, and we get work done that we would not have been necessarily able to afford.”

Goodall said the six students in the program were recommended by the science departments at Oxon Hill and Potomac high schools. Since the program’s kick off, students have studied tree identification and maintenance, role played interactions with residents and devised a brochure to distribute, said Tania Shand, the program’s team leader.

Shand said students should be involved in this effort because they are the “leaders of the future” and will eventually be responsible for tree care themselves.

“I think it’s pretty compelling when it comes from the students and people living in the neighborhood,” Shand said.

Goodall said the program is not just a summer job — it’s a way to introduce students to environmental careers.

“Not only are we talking about exposing you to planting trees and what they do, but also exposing you to the job opportunities that are out there,” Goodall said.

Amber Stanton, 17, of Temple Hills said visiting family south of Maryland reminded her of the values of trees, noting that she could “actually breathe” in areas with a lot of trees and open space.

“We need to help [residents] out as much as we can as soon as possible, because not a lot of people know,” Amber said.

Rasul Davis, 18, of Oxon Hill said it’s critical to educate the residents, not just clean up their street trees, because the students will only be around for the summer.

“We’re not going to be here every day to help save the trees,” Davis said. “We’re telling them to take care of the trees.”

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Police Department

Stewart Russell, *Chief of Police*
 Latessa Crawford, *Police Clerk*
 (301) 839-4040 (301) 839-1122 fax

Eastover District IV Police

(301) 749-4900

Code Enforcement

Rick Smith 301-839-4040 ext. 228

Public Works

Public Works Director

Stanley Mosley, Ext. 231

Public Works Supervisor

Omar Lewis

301 839-1030 ext. 235

**Forest Heights Municipal Building
 Located behind McDonalds
 5508 Arapahoe Drive
 Forest Heights MD, 20745**

FOREST HEIGHTS POLICE DEPARTMENT



HEALTH COOLING STATION LOCATIONS

The Prince George's County Office of Emergency Management would like to remind citizens who are in need of relief from the heat to seek shelter in air-conditioned facilities such as shopping malls, libraries, grocery stores or movie theaters. Citizens are also encouraged to utilize one of the designated Maryland-National Capital Park and Planning Commission (M-NCPPC) Recreational Cooling Centers to seek relief. These neighborhood facilities are open to County residents during normal business hours.

Some locations in the southern part of the county include:

- **Glassmanor Community Center**, 1101 Marcy Avenue, Oxon Hill, MD 20745, Ph: 301-567-6033
- **Hillcrest Heights Community Center**, 2300 Oxon Run Drive, Temple Hills, MD 20748, Ph: 301-505-0897
- **Southern Regional Technology and Recreation Complex**, 7007 Bock Road, Fort Washington, MD 20744, Ph: 301-749-4160
- **Suitland Community Center**, 5600 Regency Lane, Forestville, MD 20747, Ph: 301-736-3518
- **Temple Hills Community Center**, 5300 Temple Hill Road, Temple Hills, MD 20748, Ph: 301-894-6616

For a complete list of Cooling Centers, please visit <http://www.princegeorgescountymd.gov/sites/EmergencyManagement/Resources/CoolingStations/Pages/default.aspx>.

Forest Heights Police Department June 2015 Calls For Service

911 Hang Up	2 Dispute Between Persons	1 Threats Complaint	1
Abduction (Attempt)	1 Domestic Dispute	3 Traffic Accident	10
Assist Citizen	1 Fireworks Complaint	1 Traffic Accident (Hit & Run)	1
Assist Motorist	1 Loud Music	1 Traffic Complaint	5
Assist Other unit (Traffic)	27 Neighbor Dispute	2 Traffic Control	2
Assist Outside Agency	6 Property Damage	1 Unknown Trouble	1
Assist Public Works	1 Recovered Property	2 Vandalism	2
B&E (Residential)	1 Stolen Auto (Recovered)	3 Vehicle Fire	1
Burglar Alarm (Residential)	4 Suspicious Subject(S)	9 Warrant Service	2
Check on the Welfare	17 Suspicious Subject(S)(CDS)	1 Total Calls Handled	128
Court	2 Suspicious Vehicle(Occupied)		
Customer Dispute	1 Telephone Misuse		
Disorderly Subject(S)(Armed)	10 Theft (From Auto)		
Disorderly Subject(S)	1 Theft Report		

**TAKE A BITE OUT OF
 CRIME**



Would you like this neighborhood to be known as the Safest Place in Maryland?

“Call to get involved”

301-839-1030



POLICE STATION

5508 ARAPAHOE DRIVE

This Station is Open to the Public

Monday through Friday

Town Community News

COUNTY NEWS

Prince George's County Council Adopts Legislation Requiring Half of Local Gaming Revenue to Fund Public Education

During its July 14 session, the Prince George's County Council unanimously adopted CB-33-2015, legislation requiring half of gaming revenue from the MGM National Harbor destination resort be allocated for public education purposes.

Under the new law, 50 percent of annual local gaming revenue – up to a maximum of \$25 million – will now be reserved for Prince George's County Public Schools, Prince George's Community College, and the Prince George's County Memorial Library System, as a part of the County's regular or supplemental budget processes. The law requires that this funding supplement and not replace or supplant existing County funding sources for public education.

Local gaming revenue, as defined by the legislation, will include revenue from local impact grants distributed to the County from video lottery terminal proceeds; revenue distributed to the County from table game proceeds; real property and personal property taxes; hotel and motel taxes; and admissions and amusement taxes.

Calling All Businesses: Join the 2015 China Mission

Prince George's County Executive Rushern L. Baker III, in partnership with the county's Economic Development Corp., will lead a second mission to China Sept. 4-12, 2015.

If you are a business interested in expanding your business globally and join County Executive Baker on this mission, contact Elizabeth Crittenden at ecrittenden@pgcedc.com or call the EDC offices at 301-583-4650.



PRINCE GEORGE'S COUNTY

**BAN ON
COAL
TAR
PAVEMENT SEALANTS**

Effective July 1, 2015, it is illegal to sell, use or permit the use of coal tar pavement products on property in Prince George's County.

COUNTY BAN

Prince George's County has banned the use of coal tar pavement products used on parking lots, driveways, playgrounds, airport runways and other surfaces. These products contain extremely high levels of PAHs (polycyclic aromatic hydrocarbons) that find their way into our local stream sediments during rain events and pose a significant threat to our waterways. Sediment PAHs are known to harm aquatic life and contain cancer causing carcinogens.

WHAT TO DO

- Use asphalt-based or latex sealants that are less toxic. Some products that do not contain coal tar include:
 - RETAIL**
 - Henry PM2000 Premium Driveway Sealer/Filler
 - Henry Elastomeric Emulsion Crack Filler
 - COMMERCIAL/WHOLESALE**
 - Paveshield
 - Jennite Asphalt Emulsion Pavement Sealer
 - Gilsonite Asphalt Driveway Sealant

*There are other sealant products available that do not contain coal tar, so please read labels carefully. Listing of specific product trade name does not constitute an endorsement of its use.
- Construct parking lots with pervious pavement or concrete to avoid the need for sealants
- If purchasing a pavement product/sealant from a retailer or hiring a contractor/sealant applicator, ask for a Materials Safety Data Sheet (MSDS) that can help you identify coal tar-containing products before you purchase them.

Use of a coal tar pavement product can subject the applicator and the property owner to a fine of up to **\$1,000**.

Disposal of any unwanted product can be made at the **Prince George's County Household Hazardous Waste Acceptance Site** located at the Brown Station Road Sanitary Landfill, 11611 White House Road in Upper Marlboro. For information, contact 3-1-1.

To report a potential violation of the ban, contact George Nicol at **(301) 883-5976**.



Town Community News (continued)

YOUTH Summer Meals for Kids and Teens

The Prince George's County Memorial Library System will host FREE summer meals at six library branch sites Monday-Friday through Aug. 21:

Oxon Hill Library @ 12 PM 6200 Oxon Hill Road, Oxon Hill 20745

Spauldings Library @ 1 PM 5811 Old Silver Hill Road, District Heights 20747

Surratts Clinton Library @ 1 PM 9400 Piscataway Road, Clinton 20735

Beltsville Library @ 2 PM 4319 Sellman Road, Beltsville 20705

Fairmount Heights Library @ 12 PM 5904 Kolb Street, Fairmount Heights 20743

Hyattsville Library @ 12 PM 6530 Adelphi Road, Adelphi 20782

Open to all youth ages 18 and under. NO enrollment & cost! More information is available at <http://www.pgmls.info>.

To find a summer meals program nearest you, call 1-866-3-HUNGRY or visit <http://MDSummerMeals.org>.



Bee WISE IMMUNIZE

Eligibility Guide to Immunizations for Your Child:

The Prince George's County Health Department offers immunizations for children ages 2 months to 18 years old. Your child's insurance status determines if they are eligible to participate in the Vaccines for Children program.

Yes, Full Coverage

If your child's health insurance covers vaccinations:
Call your primary care provider or your insurance company to schedule an appointment for your child's immunizations.

Yes, Medicaid

If your child has Medicaid insurance:
Call the Health Department at (301) 583-3300 to make an appointment for your child's immunizations.

If your child is an American Indian or Alaska Native, they are eligible for the Vaccines for Children program.
Call (301) 583-3300 for an appointment.

Yes, But it Doesn't Cover Immunizations

If your child's health insurance does not cover immunizations for your child:

OR

If your child's insurance covers immunizations but has a fixed dollar amount or cap for immunizations, call one of the clinics below once that fixed dollar amount is reached.

The following clinics can provide immunizations for your child:

- Greater Baden Medical Services www.gbms.org
- Community Clinic Inc. www.cciweb.org/greenbelt.html
- Mary's Center <http://www.maryscenter.org/locations-and-hours>

Does Your Child Have Health Insurance?

No, Your Child is a Refugee

If your child is a refugee or asylee:
Call the Refugee Health Program at 301-583-3110

No, None ...

If your child does not have health insurance:
Call the Health Department to make an appointment for your child's immunizations.
Call (301) 583-3300 for an appointment

Facebook Twitter Instagram

©15

Back-to-School FAIR

FREE IMMUNIZATIONS AVAILABLE

Pre-Register at 301.583.3300

Saturday, August 8, 2015 • 10 a.m. - 1 p.m.

Show Place Arena • Upper Marlboro

Join DoE for lunch as we present our

BROWN BAG

summer series environmental

FILM FEST

EVENT IS OPEN TO FIRST 60 REGISTRANTS

TAPPED

FRIDAY, JULY 31

12PM - 2 PM

RSVP: THURSDAY, JULY 30

Examines the role of the bottled water industry and its effects on our health, climate change, pollution, and our reliance on oil. 76 minutes.

FED UP

FRIDAY, AUGUST 14

12PM - 2PM

RSVP: THURSDAY, AUGUST 13

The film focuses on the causes of obesity in the US, presenting evidence showing that the large quantities of sugar in processed foods are an overlooked root of the problem. 99 minutes.

R.S.V.P. at lmlove@co.pg.md.us

1801 McCormick Drive
Conference Room 140
Largo, MD 20772
FREE ADMISSION

Baden, B. Bob, III
County Executive

County employees must receive supervisory approval to attend prior to registering

Senior Community News



Health Seminar on Oral Hygiene and Dental Care

For the July 23 Health Seminar, we had two speakers from the University of Maryland's School of Dentistry in Baltimore, Md., present on the topic of Oral Hygiene and Dental Care.

Clinical Instructor Leila Liberman, RDH, MDE, and Assistant Professor Mark Brennan, DDS, MS, gave a lecture and demonstration to seniors on Periodontics and Prosthodontics and Restorative Dentistry. The main topics they discussed included how to care for your teeth, proper care for dentures, gum disease, sensitive teeth and dry mouth.

12 Powerhouse Vegetables You Should Be Eating

Beet Greens Beets Microgreens Watercress Swiss Chard Collard Greens Asparagus Spinach
Baby Kale Frozen Peas Red Bell Pepper Broccoli

Source: <http://www.webmd.com>

Seniors' Recreation Program: Water Aerobics and the Oxon Hill Recreation Club

Our guest presenter Karen Egloff, event coordinator at the Oxon Hill Recreation Club, discussed how water exercises were beneficial for senior health at the July 13 seminar of the Forest Heights Seniors' Recreation Program:

Blood Pumper – It doesn't matter if a senior is water jogging, taking a water warrior class, or swimming; using the water to get their heart rate up will increase aerobic capacity, burn fat, and decrease their risk for heart disease.

Balance Enhancer – Aging limbs and slowly worsening vision can cause an older person to lose coordination and increase their risk of falling. Aquatic exercise is a great way to combat this loss of balance. Water that is at least waist deep will allow an elderly person to build strength and work on their balance by fighting against turbulent waves and currents. This is an especially safe way to cultivate coordination as water-induced buoyancy will prevent them from falling.

Strength Builder – Trying to make quick arm and leg movements in the water is a form of resistance training that can help build muscle strength and endurance.

While weight loss and cardiovascular exercise are common benefits of any type of exercise, moving while partially or fully-submerged in the water offers some distinct advantages that sets these forms of exercises apart from land-based activities. And, the buoyancy factor makes swimming and water exercise among the most injury-free sports, making it a good exercise choice for most seniors.

Ms. Egloff also pointed out that age-related joint pain often inhibits an older person's ability to exercise on dry land. But she says that working out in the water puts significantly less stress on joints, allowing them to exercise pain-free for longer periods of time.

The Oxon Hill Recreation Club offers Water Aerobics classes every Monday and Wednesday, 6:00-6:45 PM. Cost is \$5 per session. Use of water shoes is suggested.

The address for the club is 1661 Tucker Road, Fort Washington, MD 20745 (located next to the Knights of Columbus).



Forest Heights Seminar on Menopause

Thursday, August 27, 2015

1:00-2:00 PM

Forest Heights Municipal Building
5508 Arapahoe Drive
Forest Heights, MD 20745

RSVP by August 24 to Ms. Hawkins at
301-839-1030 *Lunch cost: \$6.00

applied
physical
training
effective safety care welfare security
improve competency
exchange techniques
refresh
review

Monday August 10, 2015 @

1:00-2:00 PM

Forest Heights Municipal Building
5508 Arapahoe Drive
Forest Heights, MD 20745



Town Community News (continued)

Message from the Town Administrator

Identity Theft

Here's how it works:

Someone gets your personal information and runs up bills in your name. They might use your Social Security or Medicare number, your credit card, or your medical insurance –along with your good name.

How would you know? You could get bills for things you didn't buy or services you didn't get. Your bank account might have withdrawals you didn't make. You might not get bills you expect. Or, you could check your credit report and find accounts you never knew about.

Here's what you can do:

Protect your information. Put yourself in another person's shoes. Where would they find your credit card or Social Security number? Protect your personal information by shredding documents before you throw them out, by giving your Social Security number only when you must, and by using strong passwords online.

Read your monthly statements and check your credit. When you get your account statements and explanations of benefits, read them for accuracy. You should recognize what's there. Once a year, get your credit report for free from Annual-CreditReport.com or 1-877-322-8228. The law entitles you to one free report each year from each credit reporting company. If you see something you don't recognize, you will be able to deal with it.

Please Report Identity Theft .If you suspect identity theft, act quickly. Please report it to the Federal Trade Commission.

Call the FTC at 1-877-FTC-HELP (1-877-382-4357) or TTY 1-866-653-4261

Go online: ftc.gov/complaint.

Vern Haeefe, Town Administrator



Food Supplemental Program (Food Stamps)

Helps individuals with low income buy the food they need for good health. Prince George's County Department of Social Services (301-209-5000).

HELLO COMMUNITY

**Forest Heights and St. Mark
Farmers Market**

FRIDAY (Now thru Oct. 31)

12:00-4:00 p.m.

5427 Indian Head Hwy

Forest Heights, MD 20745



Aug. 2-8 National Farmers Market Week

Celebrate National Farmers Market Week Aug. 2-8! This year marks the 16th annual National Farmers Market Week (which also coincides with Maryland Farmers Market Week) in honor of the important role that farmers markets play in local economies.

During this week, we hope Town residents will support and buy from their local farmers markets. The Forest Heights/St. Mark's Farmers Market will be open every Friday until Oct. 31, 12-4 PM at St. Mark AME Church, 5427 Indian Head Highway, Forest Heights, MD, 20745. To view a listing of Farmers Markets in Prince George's County, please visit <http://www.pgcountyfarmfun.com>.



TOWN OF FOREST HEIGHTS YARD SALE

SATURDAY, AUGUST 15, 2015

8:00 A.M.- 3:00 P.M.

SATURDAY, SEPTEMBER 19, 2015

VENDORS WANTED

SPACE \$15 / TABLE \$ 5

CALL (301) 839-1030



Town Community News (continued)



CONGRESSWOMAN
DONNA F. EDWARDS

4th Congressional District of Maryland



Cordially Invites You to Attend Her 2nd Annual Forum

HELPING WOMEN-OWNED SMALL BUSINESSES COMPETE

Thursday, August 20, 2015 | 8:30 a.m. – 10:30 a.m.

First Baptist Church of Glenarden

3600 Brightseat Road
Hyattsville, MD 20785

Learn Strategies To:

Access government and
corporate contracts

Win traditional bank loans
and alternative funding

Maximize your capital

Sell your goods and
services to the
government



For more information please visit WWW.DONNAEDWARDS.HOUSE.GOV or call 301-516-7601

Town Meetings Now Available Online

Don't miss out on the latest community news, events and projects! Our Town meetings are now available for viewing at <https://vimeo.com/channels/939802/videos>



**Want to save money on
your property taxes? And,
beautify your home at the
same time?**

Your property tax bill contains a Clean Water Act Fee which can be reduced if you install a raingarden, rainbarrel, or permeable paving. The Clean Water Act fee is collected to retrofit 8000 acres in Prince George's County with stormwater management systems to comply with the Federal Clean Water Act to clean up the Chesapeake Bay. By installing approved practices on your property, it will improve stormwater runoff quality, reduce runoff quantity, and improve the health of local streams and rivers. Homeowners, businesses, and nonprofit entities can recoup some of the costs of installing practices covered by the program. More information can be found here www.cbtrust.org/site/c.miJPKXPCJnH/b.9146461/k.6D3F/Prince_George8217s_Rain_Check_Rebate.htm

Please note that you should get preapproval prior to any purchase. A bonus of installing one or more of these practices is beautification! Please share this information with your friends and neighbors.

WSSC Launches New Customer Assistance Program

Effective July 1, 2015, WSSC launched the Customer Assistance Program (CAP) to provide a partial credit to qualified, low income, residential customers for its Ready-To-Serve Charge. WSSC's new CAP is implemented in partnership with Maryland's Office of Home Energy Program (OHEP).

Residential customers who are enrolled in OHEP will automatically qualify for the CAP. CAP-approved customers will receive credit for the existing Account Maintenance Fee (AMF) and the new Infrastructure Investment Fee or an average of \$22 per quarter. These two fees are components of the Ready to Serve Charge. These customers will also be automatically exempted from the Chesapeake Bay Restoration Fund fee (BRF), which WSSC collects on behalf of the State of Maryland. That is approximately \$15 per quarterly bill.

Customers enrolled in OHEP will be able to check their CAP status at <https://www.wsscwater.com/cap>.

Enroll in OHEP online at http://www.dhr.state.md.us/blog/?page_id=4326 or visit the social service agency for the county in which you reside:

Prince George's County Dept. of Social Services 425 Bright seat Road Landover, Md. 20785

For more information about the WSSC CAP, please contact the WSSC Contact Center at 301-206-4001.



*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)



PLASTIC DISPOSABLE BAGS AND PLASTIC FILM (stretch film)
FREQUENTLY ASKED QUESTIONS

Prince George's County is #1 in Maryland for waste diversion and #2 for recycling and it's time we take the next step!

Why is the County no longer accepting single-use plastic bags in the Single-Stream Recycling Program?

Starting July 1, 2015, plastic bags of any color, size or shape and plastic film WILL NO longer be accepted in the Prince George's County Residential Curbside Single-Stream Recycling Program. The plastic bags and plastic film that are currently placed into the single-stream recycling program are NOT being recycled and end up as landfill waste. The County strongly encourages residents to use reusable bags in lieu of using plastic bags.

The County will no longer accept the plastic bags/film because there is not an end market for the material after it has been collected in a single-stream recycling collection program/process. The plastic bags/film become dirty and contaminated once they are mixed with other recyclables, reducing their quality and value to manufacturers who use and purchase the plastic bags/film for making recycled products such as plastic lumber.

Additionally, the County's Materials Recycling Facility (MRF) uses an automated system that sorts and bales the recyclables and is not designed or engineered to process plastic bags/film. The bags/film jam and clog the machinery causing costly damages and equipment downtime, contributing to high labor costs. Health risks are also placed on the assembly line workers (sorters) when they remove the plastic bags from the recyclable material as the bags could contain dangerous items (hypodermic needles, medical waste, sharp objects) placing the sorters at risk for injury.

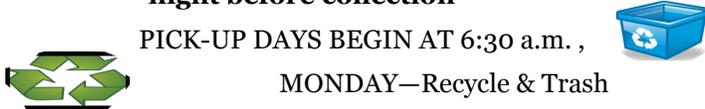
What types of plastic bags/film are considered unacceptable in the County's Residential Curbside Single-Stream Recycling Program?

The items contained in the list below WILL NO longer be accepted in the Residential Curbside Single-Stream Recycling Program:

Here's what NOT to recycle

- | | |
|--|---|
| Any grocery, retail or trash plastic bag | Outer wrap from paper towel, napkin and diaper packages |
| Bread bags | Outer wrap from cases of soda, juice and snacks |
| Dry cleaning bags | Zipper or stand-up pouches, bubble or cling wrap |
| Fruit and vegetable bags (fresh/frozen) | Crinkle bags for cereal, pasta or snack bags |
| Garden product bags (soil/mulch) | Outer wrap from meat or cheese products |
| Newspaper bags | |

Trash/Recycle Collection is to be placed at the curb the night before collection



PICK-UP DAYS BEGIN AT 6:30 a.m. ,

MONDAY—Recycle & Trash

Yard Waste will be Picked Up on Wednesday

Effective January 22nd, 2014 Forest Heights residential Yard Waste must be placed in paper bags or trash cans. The new law prohibits the use of plastic bags for yard waste.

Tree limbs must still be tied together in small bundles not to exceed 4 feet in length.

THURSDAY—Bulk (Three Items or Less)

METAL PICK-UP Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00 (paid in advance)

Propane Tank Pick-ups are \$30 each: Tires \$15.00 each

ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236

8:30a.m.—5:00 p.m.

www.forestheightsmd.gov

Forest Heights Notary

9 am - 4 pm Monday - Friday

Notary is \$2 per document

Mayor Jacqueline Goodall—ext.223
jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 301
ward1handinhand@aol.com

Robert Barnes —ext. 303
ward1handinhand@aol.com

Ward II

Jonathon Kennedy II— ext. 304
jwkennedy2@yahoo.com

Cynthia Mann— ext. 305
CMann@forestheightsmd.gov

Ward III

Habeeb-Ullah Muhammad— ext.300

Brian McLaurin—ext 302
brmrises@msn.com

ADMINISTRATIVE OFFICES

Vern Haeefe, Town Administrator— ext. 234
VHaeefe2010@gmail.com

Bonita Anderson, Town Clerk—ext. 233
Banderson@forestheightsmd.gov

Sherletta Hawkins, Administrative Assistant—
ext. 232
SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer—ext. 221
LVaughn@forestheightsmd.gov

Mimi Liu,

Town Communication Specialist
Liu.y.mimi@gmail.com

Melanie Otto, Town Webmaster
Fh.md.webmaster@gmail.com

COMMUNITY CALENDAR AUGUST 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>MONDAYS THE COUNTY WILL SPRAY FOR MOSQUITOES</p>					<p>1 11:00 AM-7:00 PM Forest Heights Day Tayac Neighborhood Park Ottawa St. and Spokane Dr. Forest Heights, MD 20745 www.forestheightsmd.gov</p>
2	<p>3 7:30 PM Monthly Council Workshop Forest Heights Municipal Building 5508 Arapahoe Drive Forest Heights, MD 20745 www.forestheightsmd.gov</p> <p>Trash Pickup</p> <p>12-1:00 PM Senior Exercise Classes</p>	<p>4 National Night Out Location TBD Forest Heights, MD 20745 www.forestheightsmd.gov</p>	<p>5 12-1:00 PM Senior Exercise Classes</p> <p>Yard Refuse</p>	<p>6 Bulk Trash 3 Items or Less</p>	<p>7 12-4 PM Forest Heights and St. Mark Farmers Market 5427 Indian Head Hwy Forest Heights, MD</p>	<p>8 10-1 PM Forest Heights Dance</p> <p>10:00 AM-1:00 PM PGPCS Back-to-School Fair The Show Place Arena 14900 Pennsylvania Ave. Upper Marlboro, MD 20772 www.pgpcs.org</p> <p>10:00 AM-2:00 PM Sen. C. Anthony Muse and School Board Member Edward Burroughs' Back-to-School Community Day Thurgood Marshall Middle School 4909 Brinkley Road Temple Hills, MD 20748</p>
9	<p>10 , 1:00-2:00 PM Seniors' Recreation Program: Physical Training Seminar Forest Heights Municipal Building 5508 Arapahoe Drive Forest Heights, MD 20745 www.forestheightsmd.gov</p> <p>Trash Pickup</p> <p>12-1:00 PM Senior Exercise Classes</p>	11	<p>12 12-1:00 PM Senior Exercise Classes</p> <p>Yard Refuse</p>	<p>13 Bulk Trash 3 Items or Less</p>	<p>14 12-4 PM Forest Heights and St. Mark Farmers Market 5427 Indian Head Hwy Forest Heights, MD</p>	<p>15 10-1 PM Forest Heights Dance</p> <p>8:00 AM-3:00 PM Town Yard Sale Abundant Life Ministries 5533 Livingston Road Forest Heights, MD 20745 www.forestheightsmd.gov</p>
16	<p>17 Trash Pickup</p> <p>12-1:00 PM Senior Exercise Classes</p>	18	<p>19 8:00 PM Monthly Council Meeting Forest Heights Municipal Building 5508 Arapahoe Drive Forest Heights, MD 20745 www.forestheightsmd.gov</p> <p>7:00-9:00 PM A Cool Jazz Night: Earl Carter Oxon Hill Manor 6901 Oxon Hill Road Oxon Hill, MD 20745 www.pgpcps.com</p> <p>12-1:00 PM Senior Exercise Classes</p>	<p>20 Bulk Trash 3 Items or Less</p>	<p>21 12-4 PM Forest Heights and St. Mark Farmers Market 5427 Indian Head Hwy Forest Heights, MD</p>	<p>22 10-1 PM Forest Heights Dance</p> <p>Chesapeake Crab and Beer Festival National Harbor 137 National Plaza National Harbor, MD 20745 www.mdcabfest.com www.nationalharbor.com</p> <p>8:00 PM Concert in the Woods: Lynn Hollyfield Band Hard Bargain Farm 2001 Bryan Point Rd. Accokeek, MD 20607 www.fergusonfoundation.org</p>
23/ 30	<p>24/ Trash Pickup</p> <p>12-1:00 PM Senior Exercise Classes</p> <p>31</p>	25	<p>26 12-1:00 PM Senior Exercise Classes</p> <p>Yard Refuse</p>	<p>27 1:00-2:00 PM Health Seminar: Understanding and Managing Menopause Forest Heights Municipal Building 5508 Arapahoe Drive Forest Heights, MD 20745 www.forestheightsmd.gov</p> <p>Bulk Trash 3 Items or Less</p>	<p>28 12-4 PM Forest Heights and St. Mark Farmers Market 5427 Indian Head Hwy Forest Heights, MD</p>	<p>29 10-1 PM Forest Heights Dance</p> <p>12:00-6:00 PM Taste of Prince George's Food and Wine Festival Six Flags America 13710 Central Ave. Upper Marlboro, MD 20721 www.tasteprincegeorges.com</p>

Town Meetings Now Available Online

Don't miss out on the latest community news, events and projects! Our Town meetings are now available for viewing at <https://vimeo.com/channels/939802/videos>

Town Community News (continued)



Prince George's County
is changing the way we

RECYCLE!

We are #1 in MARYLAND
for waste diversion through
REDUCTION, REUSE and RECYCLING
WITH YOUR HELP,
WE CAN DO MORE!



PLASTIC BAGS ARE
NO LONGER
BEING ACCEPTED IN
YOUR RECYCLING
BIN OR CART



Prince George's County
DEPARTMENT OF THE
ENVIRONMENT



El Condado de Prince George's está
cambiando la manera en cual

RECICLAMOS!

Somos # 1 en Maryland en el desvío
de basura mediante la reducción,
el reusó, y reciclaje
Con tu ayuda, podremos hacer mas



BOLSAS PLÁSTICAS YA
NO SERÁN
ACEPTADAS EN
EL CONTENEDOR
DE RECICLAJE



Prince George's County
DEPARTMENT OF THE
ENVIRONMENT