



# Town Community News

## SAVE THE DATE FOREST HEIGHTS DAY

SATURDAY,

AUGUST 1, 2015

11:00 AM-6:00 PM

To Start the Morning Off at 11:00 a.m. the McCollough Royal Knights Marching Band and Forest Heights Limitless All Starz

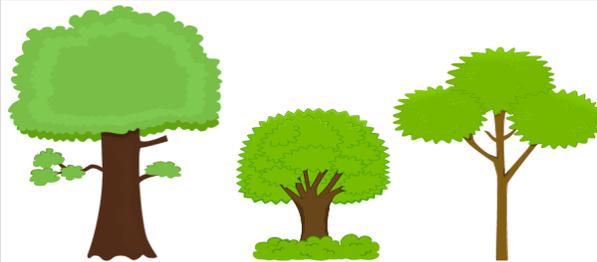


See flyer inside of newspaper for more information

**COME PICKUP YOUR FREE MEAL TICKETS FOR FOREST HEIGHTS DAY  
NO TICKETS WILL BE PASSED OUT AT THE PARK.  
(PICKUP MONDAY-FRIDAY 9:00-4:30 P.M.)**



To End the Day Music Feature By: "TIA DAE and FAYCEZ-U-KNOW"



### Tree Keepers Project

Beginning June 29<sup>th</sup>, under the guidance and supervision of the Forest Heights Municipal Staff, "The Tree Keepers" will be touring the Town educating and assisting residents concerning the maintenance and upkeep of street trees on

their property.

Funded by a grant received by the Town from the Chesapeake Bay Trust, The Tree Keepers consist of six students from Oxon Hill and Potomac High Schools and a college student supervisor. For eight weeks as summer employees, The Tree Keepers will visit homeowners that own the property surrounding street trees to conduct neighbor-to-neighbor outreach education about the value of the trees. These values include the economic benefits of street trees to homeownership value and the benefits of reducing storm water run-off.

Tree Keepers will weed, water and mulch the homeowners' street tree and provide them the information needed to care for the tree on their own in the future.

For further information, please contact Public Work Director Mr. Mosley at 301-839-1030.

|   |   |
|---|---|
| Community Update from Police Department | 2 |
| From the Mayor Office                   | 3 |
| Town Community News                     | 4 |

**Police Department**

Stewart Russell, *Chief of Police*  
 Latessa Crawford, *Police Clerk*  
 (301) 839-4040 (301) 839-1122 fax

Eastover District IV Police  
 (301) 749-4900

**Code Enforcement**

Rick Smith 301-839-4040 ext. 228

**Public Works**

*Public Works Director*

Stanley Mosley, Ext. 231

*Public Works Supervisor*

Omar Lewis

301 839-1030 ext. 235

Forest Heights Municipal Building  
 Located behind McDonalds  
 5508 Arapahoe Drive  
 Forest Heights MD, 20745

**FOREST HEIGHTS POLICE DEPARTMENT**



***Come Chat with  
 Police Chief Stewart Russell  
 Saturday July 25, 2015  
 from 12:00-2:00 p.m.  
 at the Town Hall  
 5508 Arapahoe Drive  
 Forest Heights, MD 20745  
 and enjoy a snack***

**Forest Heights Police Department June 2015 Calls For Service**

|                              |                                |                                |            |
|------------------------------|--------------------------------|--------------------------------|------------|
| 911 Hang Up                  | 2 Domestic Dispute             | 2 Threats Complaint            | 1          |
| Abduction                    | 1 Found Property               | 1 Traffic Accident             | 14         |
| Assist Citizen               | 3 Neighbor Dispute             | 1 Traffic Accident (Hit & Run) | 1          |
| Assist Fire Dept/EMS         | 3 Open Door                    | 1 Traffic Accident (Injuries)  | 2          |
| Assist Motorist              | 1 Stolen Auto (Recovered)      | 1 Traffic Complaint            | 3          |
| Assist Other Unit (Incident) | 3 Suspicious Subject(S)        | 6 Trespasser                   | 3          |
| Assist Other Unit (Traffic)  | 11 Suspicious Subject(S)(CDS)  | 2 Unknown Trouble              | 1          |
| Assist Outside Agency        | 11 Suspicious Vehicle          | 6 Warrant Service              | 2          |
| B&E (Residential)            | 1 Theft Report                 | 2 <b>Total Calls Handled</b>   | <b>102</b> |
| B&E in Progress              | 1 Threats Complaint            |                                |            |
| Burglar Alarm (Residential)  | 5 Traffic Accident             |                                | 14         |
| Check On the Welfare         | 2 Traffic Accident (Hit & Run) |                                | 1          |
| Court                        | 1 Traffic Accident (Injuries)  |                                | 2          |
| Disorderly Subject(S)        | 8 Traffic Complaint            |                                | 3          |

**TAKE A BITE OUT OF  
 CRIME**



Would you like this neighborhood to be known as the Safest Place in Maryland?

“Call to get involved”

301-839-1030



**POLICE STATION**

**5508 ARAPAHOE DRIVE**

**This Station is Open to the Public**

**Monday through Friday**

**8:30 a.m. to 5:00 p.m.**

## Message from the Mayor's Office

Every citizen has the right to our public information under the Public Information Act, however there are those individuals in community that overburden the system with numerous request. Repeated public record request by the same individual are not only a burden for any branch of government, it can also be counterproductive and expensive, because public employees need to spend too much time complying with such request.

While I respect the public's right to know and legitimate request from those that want to know what is going on within our Town, there are those that use the system to annoy. As always, citizens are encouraged to attend meetings in person so that they have the opportunity to engage with their elected officials, however it is understandable when this is not possible. Therefore, the Town will begin to post online all meetings open to the public, this should reduce the time it takes to copy audio meetings. The Town will continue to post resolutions, ordinances and charter changes to the Town website, [www.forestheightsmd.gov](http://www.forestheightsmd.gov) within a reasonable time after they are approved by the council and we will also continue to post minutes of the meetings that are open to the public online. For those that do not have access to a computer, copies may still be requested from the Town clerk at the municipal center.

Over the past few months, there have been request by one individual regarding information contained in the Financial Disclosure submitted by me, as required by law during the election. One particular item of interest has been funds that were paid to my husband for work that he performed for the Town, which was approved by the council. In error, I listed him as an employee and not a service provider. He was not then nor has he ever been an employee of the Town.

In order to reduce the number of personal vendetta request, that have disrupted the office. I am disclosing the following information: William Goodall (my husband) has provided pro work as well as at times billed the Town for work performed. In 2014, he was paid \$822 for his services. He delivered items to the Town that the Town vehicles were not able to handle, he repaired and serviced small equipment for the Town, i.e. weed whackers, chain saws, etc. He also did a complete overhaul to a residential riding lawn mower which was sold to the Town (without council consent) by a former elected official. This lawn mower was not in service for several years, despite being sent out for repair on several occasions. The council was consulted each year that he performed work for the Town and agreed that his cost would be less than the going rate at many of the area lawn repair shops. In addition, the largest amount charged for the riding mower was approved by the councilperson who oversaw Public Works.

The savings the Town has seen, having him available and on call to ensure that the equipment in public works was working when needed, has been invaluable. However, I cannot and will not continue to be harassed nor will I have my integrity questioned. Therefore, my husband and I discussed this and he will not be doing any more work for the Town nor will any personal financial information other than that which is required by law be given out on any employee, elected official or person doing business with the Town.

Maryland Public Information Act SG Art. 10-617 (f) protects financial disclosure the part of a public record that contains information about the finances of an individual, including assets, income, liabilities, net worth, bank balances, financial histories or activities, or credit worthiness. SG Art. 10-617 (f) (2). Although this exceptions does not apply to the actual compensation including any bonus paid to a public employee. SG Art 10-617 (f) (1), the requisition form and the check are determined to be exempt in part because they would reveal information about the financial history or activities of an individual.

Jacqueline Goodall — Mayor

## COUNTY NEWS

### Be Flood Smart

Flooding is the nation's #1 natural disaster and it can happen at any time and any place. The Prince George's County Department of the Environment (DoE) wants every resident and business owner in the county to be "flood smart" and to know the importance of preparing for a flood before the waters start to rise.

The Flood Insurance Study and Flood Insurance Rate Map for Prince George's County detail flooding risks throughout the County, and identify areas subject to flooding behind levees and along coastal lines. To view the study and map, please visit <https://www.rampp-team.com/md.htm>.

FEMA offers flood awareness tips and information at [www.ready.gov/floods](http://www.ready.gov/floods). To learn more about flood insurance options and premium discounts available to Prince George's County residents, visit [www.floodsmart.gov](http://www.floodsmart.gov).

Additional information on flooding is available at <http://mdfloodmaps.org>.

June also marked the beginning of "hurricane season", a six-month period that includes tropical storms, violent winds and heavy rains. These severe weather conditions can cause flooding, threaten lives, and damage property and structures. Levees located throughout the Anacostia Watershed reduce the risk of flooding; however, it is important for residents to know that if they live behind a levee, they should understand the associated risks and prepare accordingly.

### Farewell to the Prince George's County Gazette

Post Community Media LLC, the parent company of The Gazette, ceased publication of The Gazette in Montgomery and Prince George's counties effective June 18, 2015 with 84 employees losing their jobs. According to the Gazette, executives cited "declining advertising revenue" in an announcement, and were unsuccessful in finding a buyer to purchase the Prince George's and Montgomery County editions.

PCM was able to sell Southern Maryland Newspapers, which includes The Enquirer-Gazette, and PCM military publications to The Adams Publishing Group, while Whip It Media is purchasing Fairfax County Times in Virginia. Citizens will notice a change in the website, but the search function should still be operable. The Gazette archives will remain active through the end of July. We have not received word on what will happen to the archives after July 31.

## Town Community News (continued)

Summer should be a time for fun. But for many kids, school is a place that they depend on for meals.

The Summer Food Service Program (SFSP) is a federal nutrition program funded by the U.S. Department of Agriculture (USDA) and designed to provide healthy meals to children and teens ages 18 and under during the months of June, July and August when school is out.

**Where can free meals be served?** Free meals can be served anywhere in the attendance area of a school that has 50 percent or more students eligible for free or reduced priced meals. Free meals can also be served if programs have 50 percent or more students eligible for free or reduced price meals. Some example sites include:

Parks      Camps      Apartment complexes      Faith-based centers      Schools      Community Centers

**Who can set up a site?** Anyone can set up a site: A staff member of an organization, neighbor, teacher, school nurse, counselor, principal or volunteer.

**Where does the food come from?** Each site is matched up with a sponsor who organizes the food service for your location. Sponsors can include local school systems, food banks, local management boards and other organizations.

**What is the No Kid Hungry campaign?** Established by Share Our Strength, a national nonprofit that is working to end child hunger in America, the No Kid Hungry campaign connects kids in need with nutritious food and teaches their families how to cook healthy, affordable meals. The campaign also engages the public to make ending child hunger a national priority. More information is available at [www.nokidhungry.org](http://www.nokidhungry.org).

**How many meals can be served?** Sites can be reimbursed for up to two meals or one meal and one snack per day per child. The two meals can be breakfast and lunch or breakfast and dinner.

**Who pays for the meals?** The USDA reimburses the sponsor for the meals.

**What are the responsibilities of the site to serve meals?** It is the responsibility of the site to attend a training session, distribute meals, keep daily records of meals served, and adhere to local health and safety standards.

### Get Involved

For more information on volunteer opportunities, contact: **Nicete Moodie**, Nutrition Outreach Coordinator, No Kid Hungry, Share Our Strength at 301-254-9874 or email [nmoodie@strength.org](mailto:nmoodie@strength.org).

For more information on free summer meal sites or getting connected to a sponsor, contact: **Kara Panowitz**, Out of School Time Manager, Share Our Strength at 443-243-0915 or email [kpanowitz@strength.org](mailto:kpanowitz@strength.org).

### Meet Up and Eat Up Locations

Call 1-877-731-9300, text **SummerMD** to 877-877 or go to **MDSummerMeals.org** for a location near you.

I strongly encourage EVERYONE to get involved, whether it is hosting a site where children can have access to nutritious meals, donating, or volunteering your time at a summer site. Let's all work together to ensure that our children do not go hungry.

## HEALTH COOLING STATION LOCATIONS

The Prince George's County Office of Emergency Management would like to remind citizens who are in need of relief from the heat to seek shelter in air-conditioned facilities such as shopping malls, libraries, grocery stores or movie theaters. Citizens are also encouraged to utilize one of the designated Maryland-National Capital Park and Planning Commission (M-NCPPC) Recreational Cooling Centers to seek relief. These neighborhood facilities are open to County residents during normal business hours.

Some locations in the southern part of the county include:

- **Glassmanor Community Center**, 1101 Marcy Avenue, Oxon Hill, MD 20745, Ph: 301-567-6033
- **Hillcrest Heights Community Center**, 2300 Oxon Run Drive, Temple Hills, MD 20748, Ph: 301-505-0897
- **Southern Regional Technology and Recreation Complex**, 7007 Bock Road, Fort Washington, MD 20744, Ph: 301-749-4160
- **Suitland Community Center**, 5600 Regency Lane, Forestville, MD 20747, Ph: 301-736-3518
- **Temple Hills Community Center**, 5300 Temple Hill Road, Temple Hills, MD 20748, Ph: 301-894-6616

For a complete list of Cooling Centers, please visit <http://www.princegeorgescountymd.gov/sites/EmergencyManagement/Resources/CoolingStations/Pages/default.aspx>.

# Senior Community News



Take **TIME**, take **PART**, take **CHARGE** of your health!

**Dine & LEARN**

More than 60% of deaths in Prince George's County are due to chronic illnesses like diabetes, hypertension and heart disease. Change your risk and jumpstart a healthier version of you by participating in this **FREE** program!

## Suitland Community Center

5600 Regency Lane  
Forestville, MD 20747  
6pm to 8pm

### Schedule

Sessions are held on the 4th Wednesday of every month.

**Classes are FREE and include a free blood pressure screening!**

### Sign-Up Today

To register call 301-883-3545  
or  
Email: Diabetes\_Support@co.pg.md.us

- Explore the latest **nutrition** topics from experts in the field
- Discover delicious and **healthy meal preparations** with a live cooking demo
- Energize your heart with an interactive **exercise demo**
- Enjoy free food samples and recipes to try at home!



## Forest Heights Seminar

Thursday, July 23, 2015

1:00-2:00 PM

Forest Heights Municipal Building

5508 Arapahoe Drive

Forest Heights, MD 20745

Lunch are only \$6.00



**RSVP by July 20** to Ms. Hawkins at 301-839-1030

## Seminar on Consumer Fraud and Scams

Patricia "Patti" Poss, a senior attorney with the Bureau of Consumer Protection of the Federal Trade Commission (FTC) in the District of Columbia, shared valuable information and resources at the June 8 Seminar on Consumer Fraud and Scams. She revealed how crooks use clever schemes to defraud millions of people every year. Scammers will often combine sophisticated technology with age-old tricks to get people to send money or to give out personal information. They add new twists to old schemes and pressure people to make important decisions on the spot. One thing that never changes: they follow the headlines — and the money.



**The most common scams:** — Imposter scams — Identity theft — Charity fraud — Health care scams — Paying too much on bills — Sweepstakes scams — Phone scams

If you spot a scam, contact the FTC at 1-877-FTC-HELP (382-4357); TTY 1-866-653-4261, or file a complaint online at <https://www.ftc.gov>.



**Monday July 13, 2015 @ 1:00-2:00 PM**

Forest Heights Municipal Building

5508 Arapahoe Drive

Forest Heights, MD 20745

## THE BREAST, CERVICAL AND COLORECTAL CANCER PROGRAM ENROLLMENT PERIOD



Breast and Cervical Cancer Screening, Diagnosis & Treatment

AVAILABLE SLOTS

**435**

### Requirements

- Age: 40 to 64 years
- Resident: Prince George's County
- Uninsured
- Underinsured
- Income: low income

**Call 301-883-3525**

**FREE TRANSPORTATION**

Colorectal Cancer Screening

AVAILABLE SLOTS

**95**

### Requirements

- Age: 50 to 75 years
- Resident: Prince George's County
- Uninsured
- Underinsured
- Income: low income

**Call 301-883-3526**

**FREE TRANSPORTATION**

**DEADLINE: June 26, 2015**

LOCATION FOR SCREENING & TREATMENT SERVICES:

DOCTORS COMMUNITY HOSPITAL  
8118 Good Luck Rd  
Lanham, MD 20706  
Phone: (301) 552-8118



Prince George's County Health Department  
**CANCER PROGRAMS**  
Health and Wellness Division

Breast/Cervical Cancer Screening Program is funded through the Centers for Disease Control and the Colorectal Cancer Screening Program is funded through the Cigarette Recession Fund (CRF).



Last updated 5/20/15

## Town Community News (continued)

### Message from the Town Administrator Vern Haeefe

Residents are sure to remember the community room at the Municipal Center is an excellent location for family reunions, birthday parties, anniversary celebrations, dances, weddings, and other special events. Contact Sherletta Hawkins at 301-839-1030 to make arrangements or ask questions.

Employee Training events were held in June and covered Ethics, Service, Communication, and Safety on the Job.

The Town continues to hold the utility companies accountable for repair of Town Street Cuts, ROW Issues, etc. (WSSC, Washington Gas, Pepco, Comcast, Verizon, I-Net, and the County Broad Band network).

New Flood Maps are available at the Town office which shows the area affected by the 100 year flood (blue) and the area affected by the 500 year flood (yellow).

Mark down July 8<sup>th</sup> for the UNMC Mobil Health Clinic will be at Eastover Shopping from 10 am – 4 pm. They will provide the following screenings: Blood Pressure, Cholesterol, Diabetes, HIV/STD, Pregnancy/Prenatal and the following services: Immunizations, Education, and Referrals.

Economists See Water Crises As a Greater Risk Than Weapons, War and Disease.

Top 10 Cities for Retirement: Phoenix, Arlington/Alexandria, Prescott, Tucson, Des Moines, Denver, Austin, Cape Coral, Colorado Springs, and Franklin, TN.

Plan now to attend Forest Heights Day on Saturday, August 1. It's a great time to come together as a community and celebrate (games, food, family, fun and refreshments). Forest Heights was incorporated in May 1949 and subsequently joined the Maryland Municipal League in June, 1949. The Town is now 66 years old and growing.



### Food Supplemental Program (Food Stamps)

Helps individuals with low income buy the food they need for good health. Prince George's County Department of Social Services (301-209-5000).

### HELLO COMMUNITY

Forest Heights and St. Mark

Farmers Market

FRIDAY (Now thru Oct. 31)

12:00-4:00 p.m.

5427 Indian Head Hwy

Forest Heights, MD 20745

*The Secret of being Happy is accepting where you are in life and making the most out of everyday.*

**TOWN OF FOREST HEIGHTS YARD SALE**  
**SATURDAY, JULY 18, 2015 8:00 A.M.- 3:00 P.M.**

**SATURDAY, AUGUST 15, 2015**

**SATURDAY, SEPTEMBER 19, 2015**

**VENDORS WANTED**

**SPACE \$15 / TABLE \$ 5**

**CALL (301) 839-1030**

**5508 ARAPAHOE DR**

**FOREST HEIGHTS, MD 20745**



## Town Community News (continued)

### Senator Muse & School Board Member Burroughs

*Host A*

TWEETS  
2015
FOLLOWING  
131
FOLLOWERS  
2015
FAVORITES  
10
LISTS  
1

Follow

Back To School

@CommunityDay

8 Aug 2015

Senator Muse

School Board Member  
Burroughs

Thurgood Marshall Middle School  
4909 Brinkley Road, Temple Hills, MD 20748  
August 8th from 10 am - 2 pm

Register by Monday, July 27th to receive supplies 301-858-3092  
To complete a **Supply Request Form**, Go to: [SenatorMuse.com](http://SenatorMuse.com)

← 500
↻ 1000
★ 2015
⋮

FREE FOOD
MOBILE GAME TRUCK
FACE PAINTING  
MUSIC
SCHOOL SUPPLY GIVEAWAY

### Safe Summer Program

Safe Summer is a FREE late-night recreation program offered by the Maryland-National Capital Park and Planning Commission (M-NCPPC). Through this program, young people ages 12-24 have FREE access to their favorite recreational activities at over 24 county community centers from 10 p.m. to 12 midnight. The 2015 Safe Summer locations will operate from Monday, June 29 through Saturday, August 15. For more information or to view a list of full-time sites, please visit [www.pg parks.com](http://www.pg parks.com).

### D.A.Y. (Deputies Assisting Youth) Corps Summer Program

The Prince George's County Office of the Sheriff's Summer Youth Camp is designed to enhance the lives of youth ages 11-14 with two summer camp sessions that include life enrichment skills, daily field trips and fun activities.

Sheriff's Deputies that are assigned to the Community Partnership Services Division conduct the Camp. They guide and mentor the Summer Campers into a better understanding of citizenship and most importantly....themselves!

#### Session I

June 29 – July 10, 2015  
9 a.m. to 3 p.m.

Isaac J. Gourdine Middle School  
8700 Allentown Road, Fort Washington, MD 20744

#### Session II

July 20-July 31, 2015  
9 a.m. to 3 p.m.

Walker Mill Middle School  
800 Karen Blvd., Capitol Heights, MD 20743

Limited slots are available. Cost: \$25 (covers 2 Camp T-shirts). Free breakfast, lunch and snack provided. For more information, please contact Sgt. Terrence Via at 301-780-2574 or [TDVia@co.pg.md.us](mailto:TDVia@co.pg.md.us).

***FOREST HEIGHTS DAY NEXT  
VOLUNTEER MEETING IS  
FRIDAY JULY 17, 2015 AT 6:30 P.M.  
WE NEED YOUR HELP!***

**IS YOUR CHILD FREE ON SATURDAYS?  
FOREST HEIGHTS HAS A CHEER & DANCE PROGRAM  
“LIMITLESS ALL STARZ”  
EVERY SATURDAY 10:30-1:00 P.M.  
AGES 8 YRS TO 18 YRS**



\*\*\*\*\*EWCWSS\*\*\*\*

Local Forest Heights  
Post Customer

PRSWRT STD  
ECRWSS  
U.S. POSTAGE  
PAID

## Town Community News (continued)

FROM THE TOWN CODE ENFORCEMENT OFFICER  
MR. RICK SMITH



**G** rass Heights should be Below 8”  
inch.

**L** eash Law. It is against the law for the owner or custodian of any animal to allow the animal to run at-large. Any dog or cat that is found at-large may be impounded. A violation Notice may be issued to the owner of an animal found.



**S** coop that Poop; Removal of excrement. The owner or custodian of any dog or cat must remove their pet’s excrement from public or private property.

**Trash/Recycle Collection is to be placed at the curb the night before collection**



PICK-UP DAYS BEGIN AT 6:30 a.m. ,  
MONDAY—Recycle & Trash

***Yard Waste will be Picked Up on Wednesday***

Effective January 22<sup>nd</sup> , 2014 Forest Heights residential Yard Waste must be placed in paper bags or trash cans. The new law prohibits the use of plastic bags for yard waste.

Tree limbs must still be tied together in small bundles not to exceed 4 feet in length.



THURSDAY—Bulk (Three Items or Less)

**METAL PICK-UP** Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00 (paid in advance)

Propane Tank Pick-ups are \$30 each: Tires \$15.00 each

**Mayor Jacqueline Goodall—ext.223**  
[jacquelinegoodall@msn.com](mailto:jacquelinegoodall@msn.com)

### TOWN COUNCIL

#### Ward I

**C. Lynn Smith-Barnes—ext. 301**  
[ward1handinhand@aol.com](mailto:ward1handinhand@aol.com)

**Robert Barnes —ext. 303**  
[ward1handinhand@aol.com](mailto:ward1handinhand@aol.com)

#### Ward II

**Jonathon Kennedy II— ext. 304**  
[jwkennedy2@yahoo.com](mailto:jwkennedy2@yahoo.com)

**Cynthia Mann— ext. 305**  
[CMann@forestheightsmd.gov](mailto:CMann@forestheightsmd.gov)

#### Ward III

**Habeeb-Ullah Muhammad— ext.300**

**Brian McLaurin—ext 302**  
[brmrises@msn.com](mailto:brmrises@msn.com)

### ADMINISTRATIVE OFFICES

**Vern Haeefe, Town Administrator— ext. 234**  
[VHaeefe2010@gmail.com](mailto:VHaeefe2010@gmail.com)

**Bonita Anderson, Town Clerk—ext. 233**  
[BAAnderson@forestheightsmd.gov](mailto:BAAnderson@forestheightsmd.gov)

**Sherletta Hawkins, Administrative Assistant—  
ext. 232**  
[SHawkins@forestheightsmd.gov](mailto:SHawkins@forestheightsmd.gov)

**Leittia Vaughn, Town Treasurer-ext. 221**  
[LVaughn@forestheightsmd.gov](mailto:LVaughn@forestheightsmd.gov)

**Mimi Liu,**  
**Town Communication Specialist**  
[Liu.y.mimi@gmail.com](mailto:Liu.y.mimi@gmail.com)

**Melanie Otto, Town Webmaster**  
[Fh.md.webmaster@gmail.com](mailto:Fh.md.webmaster@gmail.com)

### ADMINISTRATIVE OFFICES

**Phone (301) 839-1030 Fax (301) 839-9236**  
8:30a.m.—5:00 p.m.  
[www.forestheightsmd.gov](http://www.forestheightsmd.gov)

**Forest Heights Notary**  
9 am - 4 pm Monday - Friday  
Notary is \$2 per document

# COMMUNITY CALENDAR JULY 2015

## JULY 2015

| Sunday  | Monday   | Tuesday | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|---------|--|---|--|--|
|   | <b>MONDAYS<br/>THE COUNTY<br/>WILL SPRAY<br/>FOR<br/>MOSQUITOES</b>  |         | 1 Senior Exercise Classes<br>11:40-12:40 p.m.<br><br>Yard Waste  | 2   | 3 TOWN WILL BE<br>CLOSED TO<br>CELEBRATE<br>INDEPENDENCE<br>DAY  | 4 Six Flags America July<br>Fourth Celebration<br>Upper Marlboro, MD<br>20721  |
| 5   | 6 COUNCIL WORK-<br>SHOP 7:00 P.M.<br><br>Trash Pickup<br><br>Senior Exercise Classes<br>11:40-12:40 p.m.<br><br>Recreation Program<br>Consumer Seminar Town<br>Hall 1-2:00pm | 7       | 8 Senior Exercise Classes<br>11:40-12:40 p.m.<br><br>Yard Waste<br><br>UNMC Mobile Health<br>Clinic Eastover Shopping<br>from 10am-4pm   | 9 Bulk Trash 3 Items or Less<br><br>Lake Arbor Jazz Festival<br>Pre-Festival Jam Stonefish<br>Grill New Carrollton, MD<br>20784 7-1p.m.<br><br>Concert in the Park Watkins<br>Regional Park Upper<br>Marlboro, MD 20774 | 10 Summer White<br>Affair Martins Camelot<br>Upper Marlboro, MD<br>20774 7-8:30p.m.<br><br>Forest Heights and St.<br>Mark Farmers Market<br>5427 Indian Head Hwy<br>Oxon Hill, MD 20745<br>12-4pm  | 11 Dance & Cheer 10:30-<br>1:00pm<br><br>Lake Arbor Jazz Festival<br>Lake Arbor Community<br>Center Ground 12-8pm<br><br>Children's Theater<br>Spectacular Harmony<br>Hall Regional Center<br>Fort Washington, MD<br>20744 7:00pm<br><br>Summer Night Gospel<br>Fest The Show Place<br>Arena Upper Marlboro,<br>MD 20772 |
| 12  | 13 Trash Pickup<br><br>Senior Exercise Classes<br>11:40-12:40 p.m.<br><br>Seniors' Recreation<br>Program: Seminar on<br>Domestic Violence 1-2pm                              | 14      | 15 MAYOR/COUNCIL<br>MEETING 8:00 P.M.<br><br>Yard Waste<br><br>Senior Exercise Classes<br>11:40-12:40pm<br><br>Yard Waste<br><br>A Cool Jazz Night: Phaze II<br>Band Oxon Hill Manor 7-<br>9pm                                 | 16 Bulk Trash 3 Items or<br>Less<br><br>Concerts in the Park<br>Watkins Regional Park<br>Upper Marlboro, MD 20774<br>7-8:30pm.  | 17 YOU TALK ABOUT<br>IT. NOW THE TIME<br>FOREST HEIGHTS<br>NEED YOUR HELP<br>COME VOLUNTEER<br>FOR FOREST<br>HEIGHTS DAY JUST<br>ONE HOUR<br>MEETING AT 6:30<br>P.M.<br><br>Forest Heights and St.<br>Mark Farmers Market<br>5427 Indian Head Hwy<br>Oxon Hill, MD 20745<br>12-4pm | 18 Dance & Cheer 10:30-<br>1:00pm  |
| 19  | 20 Trash Pickup<br><br>Senior Exercise Classes<br>11:40-12:40pm<br><br>LAST TO SIGN UP FOR<br>THE HEALTH SEMINAR<br>.  | 21      | 22 Senior Exercise Classes<br>11:40-12:40pm<br><br>Yard Waste<br><br>Dine & Learn Free<br>Hypertension and Heart<br>Disease Classes every 4th<br>Wednesday call to register<br>301-883-3545 Suitland<br>Community Center 6-8pm | 23 Bulk Trash 3 Items or<br>Less<br><br>Forest Heights Health<br>Seminar on: Oral Hygiene<br>and Dental Care 1-2pm.<br><br>Concerts in the Park Wat-<br>kins Regional Park Upper<br>Marlboro, MD                        | 24 Forest Heights and<br>St. Mark Farmers<br>Market 5427 Indian<br>Head Hwy Oxon Hill,<br>MD 20745 12-4pm  | 25 Dance & Cheer 10:30-<br>1:00pm  |
| 26  | 27 Trash Pickup<br><br>Senior Exercise Classes<br>11:40-12:40pm  | 28      | 29 Senior Exercise Classes<br>11:40-12:40p.m.<br><br>Yard Waste  | 30 Bulk Trash 3 Items or<br>Less<br><br>Concerts in the Park<br>Watkins Regional Park<br>Upper Marlboro, MD 20774   | 31 Forest Heights and<br>St. Mark Farmers<br>Market 5427 Indian<br>Head Hwy Oxon Hill,<br>MD 20745 12-4pm  | <b>AUGUST 1, 2015<br/>FOREST<br/>HEIGHTS DAY<br/>11-7:00p.m. at<br/>Tayac Park</b>   |
| <p><b>COME PICKUP YOUR FREE MEAL TICKETS FOR FOREST HEIGHTS DAY<br/>NO TICKETS WILL BE PASS OUT AT THE PARK.</b></p> <p><b>Senator Muse Back to School Supply. Register Monday by July 27th at 301-858-3092</b></p> |  |         |  |   |  |  |

# Forest Heights Annual Community Festival

IT'S A TASTE OF  
FOREST HEIGHTS  
SATURDAY,  
AUGUST 1, 2015  
11:00 AM-6:00 PM

To Start the Morning Off at 11:00 a.m. on Fox Way to Bell Acres Park the McCollough Royal Knights Marching Band and Forest Heights Limitless All Starz Dance.



**One Big Festival!** Tayac Park between Ottawa Street and Spokane Drive. Food, events, games, step shows, tournaments, a live March Band, Jazz and R&B Bands and a lot more- fun for the entire family so bring your family and your lawn chair and party in your community.

**COME PICKUP YOUR FREE MEAL TICKETS FOR FOREST HEIGHTS DAY  
NO TICKETS WILL BE PASSED OUT AT THE PARK.  
(PICKUP MONDAY-FRIDAY 9:00-4:30 P.M.)**



Music Feature By: "TIA DAE and  
FAYCEZ-U-KNOW"



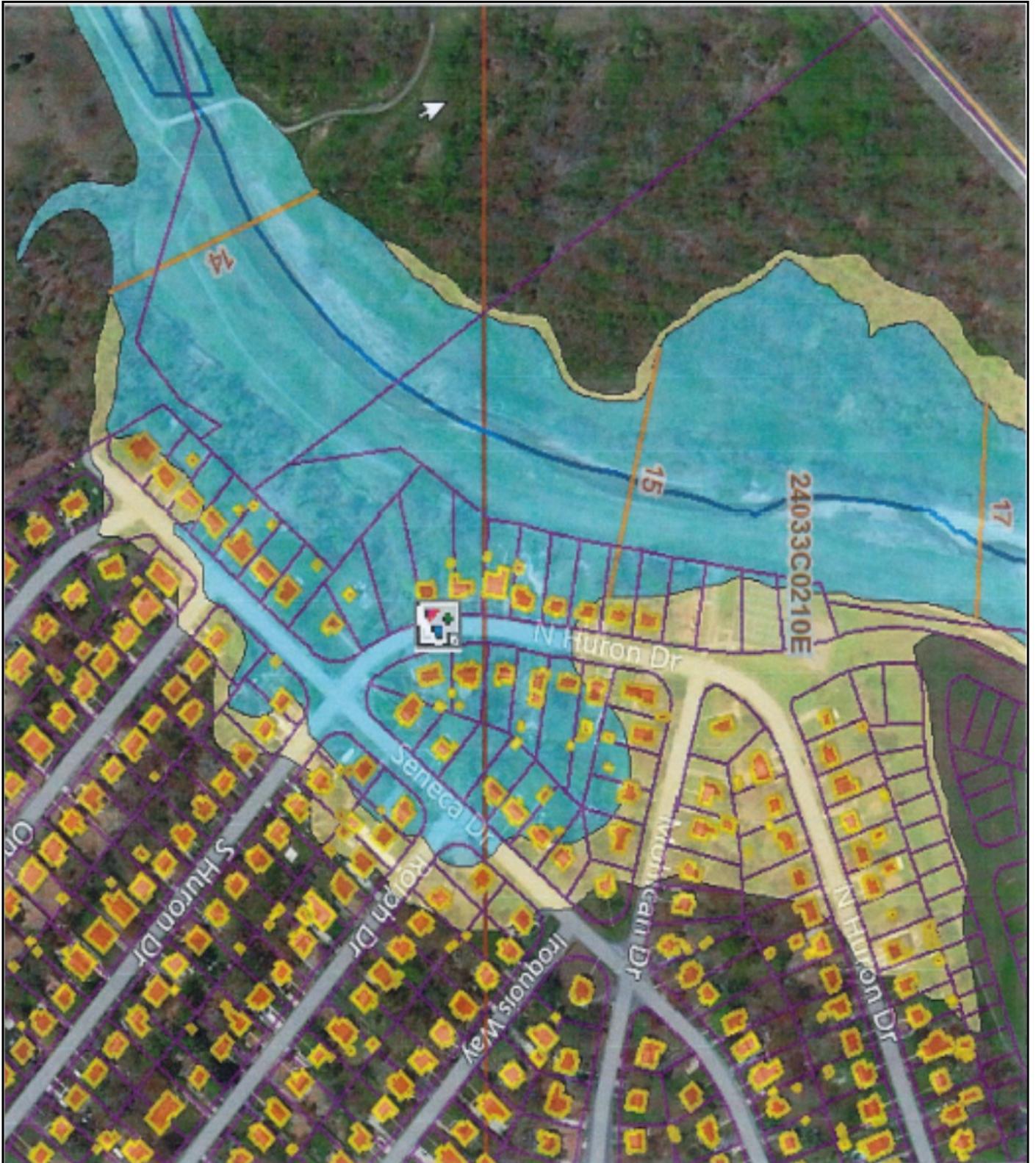
Come out and watch the parade. Jazz Bands start at 4:00 p.m. Park and Ride start at 11:30 a.m. to bring resident to the park. (Check back of flyer for pickup location.)



For more Information, to speak at the event, or to register to be a vendor call Mrs. Sherletta Hawkins deadline July 17, 2015 301-839-1030/ shawkins@forestheightsmd.gov

## Town Community News (continued)

### Forest Heights Flood Map Blue 100 Years and Yellow 500 Years

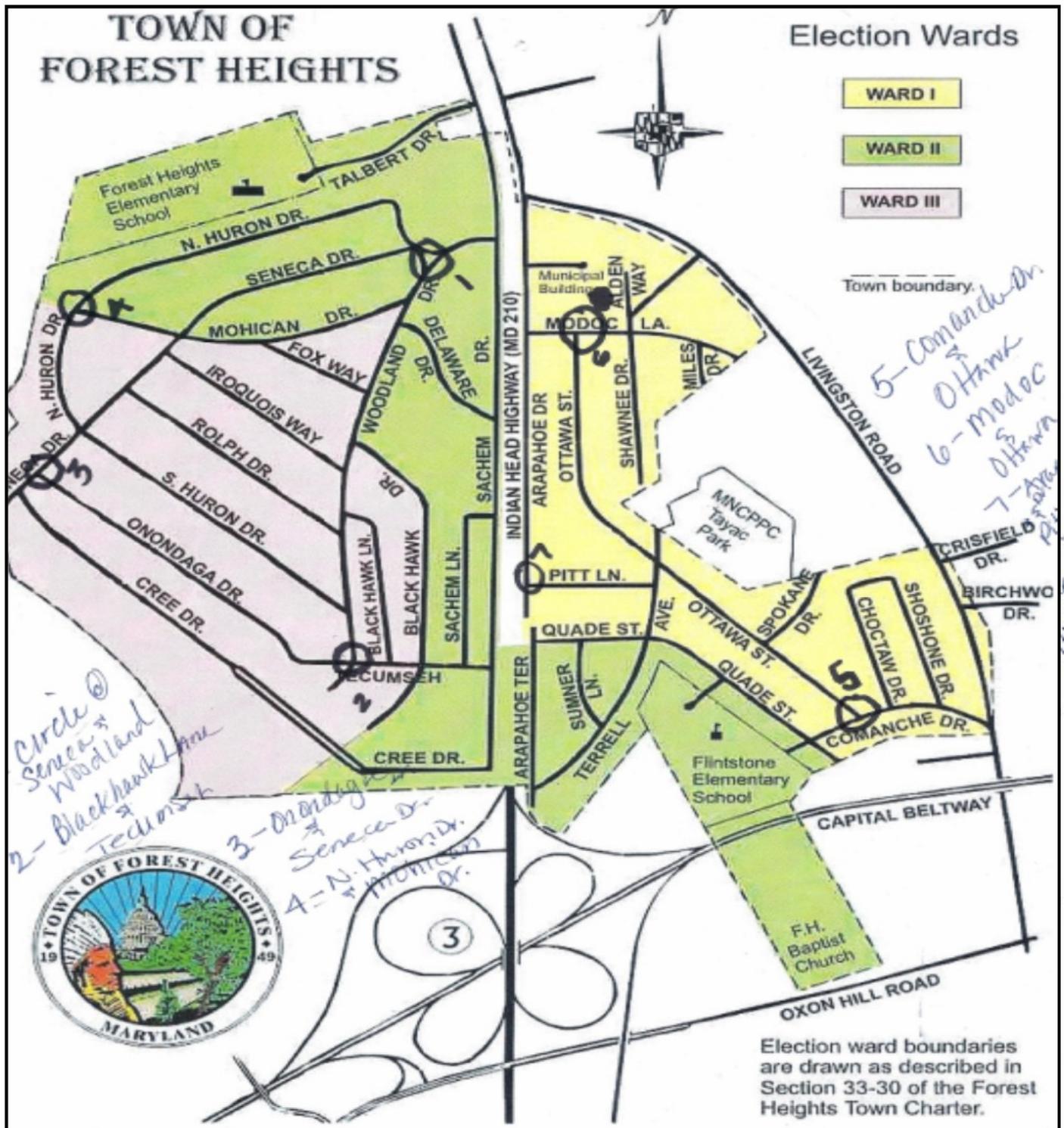


# Town Community News (continued)

## BUS STOP PICKUP FOR FOREST HEIGHTS RESIDENTS

AUGUST 1, 2015 START AT 11:30 A.M.

LAST BUS GOING BACK AT 7:00 P.M.



Election ward boundaries are drawn as described in Section 33-30 of the Forest Heights Town Charter.

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