



COMMUNITY SPOTLIGHT: Darlene Kuny

The Community Spotlight series is a monthly column where the Town of Forest Heights recognizes an individual who has accomplished great work and/or has made a significant impact in the community. To nominate a person, please email suggestions to liu.y.mimi@gmail.com or call 301-839-1030.

As an enthusiastic gardener and creative thinker, Mrs. Darlene Kuny sees a lot of beauty and potential within the Town of Forest Heights, and takes advantage of any opportunity she can to beautify the area where she lives. For instance, when she noticed that the overgrown weeds on Sachem Drive were going over into Indian Head Highway, she grabbed her own gardening tools and started pulling the weeds out.

Last year, with permission from Town staff, Mrs. Kuny took it upon herself to spruce up the small plot at the entrance to Seneca Drive.

"I'm mostly a grower of flowers and perennials," she said. "I started out with Black-eyed Susans, schlepping buckets of water from my

home [on Iroquois Way] to take it down to Seneca [Drive]. I dug up the planter, put in the soil, and purchased the plants myself. It was like my own little project. I had walkers who would pass by and say 'thanks for doing this, this is really an improvement.'"

What first started out as a pet project/hobby for Mrs. Kuny later blossomed into a community undertaking. During this year's countywide "Clean Up, Green Up", which was held Oct. 19, she and volunteers with help from Public Works staff were able to transform the small plot into a community garden. They planted two holly trees, crape myrtles, hydrangeas, catnips, Black-eyed Susans and knockout roses. Mrs. Kuny said there is also potential to have a new announcement sign and a small brick monument or surrounding structure to accompany the new community garden.

Mrs. Kuny said she started learning to cultivate plants at a young age. Her mother was an avid gardener, and her paternal grandfather had a greenhouse in Pennsylvania where she worked with different plants.

Mrs. Kuny has been a resident of Forest Heights since 1990. She worked for 30 years as a facility manager for the American Optometric Association in Alexandria, where she maintained the association's building. She recently retired from that position, and does consulting work. Her son Devon is a graduate of Oxon Hill High School, and has served in the Air National Guard and completed two tours of duty in Afghanistan. He currently works as a firefighter for the City of Alexandria, and volunteers at the Station 42-Oxon Hill Volunteer Fire Department.

For her next project, Mrs. Kuny said she would like to have a community garden set up at Forest Heights Elementary School and get people involved and educated on gardening. She is currently working with other gardeners like Forest Heights resident Cathy Clark and Ward III Councilwoman Habeeb-Ullah Muhammad to host future garden workshops and community tours of residents' gardens.

She also plans to get involved in the Farmers Market next year.

"I have this belief that if people see people who are doing things that they will get involved too," she said.

Mayor Jacqueline Goodall

Upcoming Events

Mayor/Council Meeting November 20, 8:00 p.m.

Senior Luncheon November 21, 12:00 p.m.

Community Update from Police Department	2
Community Update from the Mayor's Office	3
Community New	4

Police Department

Stewart Russell, *Chief of Police*

Latessa Crawford, *Police Clerk*

(301) 839-4040 (301) 839-1122 fax

(Non-Emergency) (301) 352-1200

Eastover District IV Police

(301) 749-4900

Code Enforcement

Kevin Miller 301-839-4040 ext. 228

Public Works

Stanley Mosley,

Public Works Supervisor

301 839-1030 ext. 231

Forest Heights Municipal Building

Located behind McDonalds

5508 Arapahoe Drive

Forest Heights MD, 20745

www.forestheightsmd.gov

FOREST HEIGHTS POLICE DEPARTMENT



On October 26 and October 31, 2013, the FHPD held its annual Haunted House with much success thanks to its two main catalysts PFC Calvin Washington and Councilman Jonathon Kennedy II. Their dedication and enthusiasm to the project is an example for others to follow. As it is with any successful event there are the invaluable volunteers who willingly lend their talents and time. We would like to express our sincere appreciation for their participation. To the following members of our community, Councilwoman Cynthia Mann; Councilwoman and Councilman C. Lynn and Robert Barnes, Councilwoman Habeeb-Ullah Muhammad; the "Forest Heights Divas" Karlee and Carmin and their Mother, Brother Mrs. Kim, Carlos Maddox; also Jayca Chatmon; James Brown and Lawson Turner; Lydia Jones; D'Carls Clawson last but not least Bryce Anderson and his mother Ms. Bonita Anderson, we give a special thanks.

If I failed to mention anyone who helped please forgive this oversight and know we do appreciate you and your efforts.

On the subject of crime prevention, there has been a rash of incidents where people are being e-mailed to participate in employment opportunities which are just enticements for an elaborate scam. If anyone solicits you to provide a service for their company and advises they will send you a check in a certain amount to purchase equipment to get started, but when the check arrives with twice as much it is not a mistake. These criminal con artists want you to deposit the bogus check in your personal account and send them the difference. By the time the check is determined to be fraudulent you have taken money out of your account and you are stuck. Remember the old saying "If it's sounds too good to be true...it probably is." Do not be a willing victim folks. These thieves prey on people's vulnerability and greed. Please talk to family members and call your police before you commit to do business with unknown sources.

In my travels through town, residents have told me of instances where unknown suspects are going through the neighborhoods pulling on door handles of parked vehicles attempting to find one unlocked so they can steal what they can get inside. Please be sure to lock the doors on your vehicles.

Once again I am happy that our citizens are calling us with information about suspicious activities. We would rather find out that nothing was wrong than investigate a crime later on.

Finally, we are making progress on the first phase of the town's security camera program. As you may recall the first phase involved the installation of cameras at each of the town's five entrances. Many of you may have noticed contractors installing poles and cameras recently. Mayor Jacqueline Goodall has expressed her desire to have these cameras up and activated as soon as possible. Councilman Barnes, PFC Washington are spearheading this effort and we hope to have news of progress forthcoming.

Col. S.W. Russell, Chief, FHPD

TAKE A BITE OUT OF
CRIME



Would You like to help with the prevention of crime in Your Town?

Come out to the next Neighborhood Watch Meeting, Thursday Nov. 7, where the

Camera Committee, along with resident participation will decide where the next camera locations will be.

While in attendance, think about joining; new ideas are always welcomed.

**5508 Arapahoe Drive,
Forest Heights MD 20745**

Coffee and doughnuts will be served.

Forest Heights Police Department October 2013 All Calls For Service

911 HANG UP	1 DOMESTIC DISPUTE	3 THEFT (FROM AUTO)	2
ASSIST CITIZEN	2 FIGHT IN PROGRESS	1 THEFT REPORT	2
ASSIST FIRE DEPT/EMS	1 HOLD-UP ALARM	1 TRAFFIC ACCIDENT	3
ASSIST OTHER UNIT (INCIDENT)	1 INVESTIGATION	2 TRAFFIC ACCIDENT (HIT & RUN)	1
ASSIST OTHER UNIT (TRAFFIC)	1 MAN DOWN	1 UNKNOWN TROUBLE	1
ASSIST OUTSIDE AGENCY	6 NOTIFICATION	1 VANDALISM	1
AUTO THEFT	3 RECOVERED PROPERTY	1 Total Calls Handled:	71
B & E (RESIDENTIAL)	1 ROBBERY (CITIZEN)		
BURGLAR ALARM (COMMERCIAL)	2 SPECIAL EVENT		
BURGLAR ALARM (RESIDENTIAL)	5 SUICIDE		
CHECK ON THE WELFARE	1 SUSPICIOUS SUBJECT(S)		9
CUSTOMER DISPUTE	5 SUSPICIOUS VEHICLE		4
DISORDERLY SUBJECT(S)	5 SUSPICIOUS BEHICLE (occupied)		1

Message from the Mayor's Office

Enroll in Health Care Coverage

The Prince George's County Health Department and the Department of Social Services are leading the effort to ensure all residents are educated on the enrollment process for Maryland Health Connection. The enrollment period is October 1, 2013 - March 31, 2014 and coverage will begin on January 1, 2014. Individuals and families can shop, compare, and enroll in coverage using one of three ways:

Online at www.marylandhealthconnection.gov

By speaking with a Navigator staff member at 1-855-642-8572

Speak in-person to one of the Navigators or assisters for the Capital region at one of the following public agency sites.

Landover, Department of Social Services, 425 Brightseat Road, Landover, MD, M-F 8:00 AM-4:00 PM

Hyattsville, Department of Social Services, 6505 Belcrest Road, Hyattsville, MD, M-F 8:00 AM-4:00 PM

Temple Hills, Department of Social Services, 4235 28th Avenue, Temple Hills, MD, M-F 8:00 AM-4:00 PM

Suitland, Adam's House at the Suitland Health and Wellness Center, 5001 Silver Hill Road, Suitland, MD, M-F 10:00 AM-4:00 PM

Additional locations and sign-up activities for both Prince George's and Montgomery Counties can be found on the Capital Area Connector Entity's website at www.capitalhealthconnection.org/

Follow-up to Casino Bid Presentations and Public Hearings

I hope over the past several months that Forest Heights residents were provided with enough information to make an informed opinion on where the new casino should go in southern Prince George's County. Having attended the public site visits, presentations and public hearings for each of the three bidders during the week of Oct. 21-25 (where I testified at all three public hearings on behalf of the Town) and having listened to what each bidder proposed, I can honestly say that it would make more sense to have the casino be placed at Rosecroft Raceway in Fort Washington. The site has plenty of space for room and expansion, the environmental surroundings will not be harmed, and the Rosecroft community supports having the casino there in the first place, not to mention that Rosecroft is one of Maryland's oldest and most historic harness raceways. If the right decision is made, we would be helping to preserve the state's horse racing industry and the livelihoods of local hard-working farmers and horse breeders, many of whom have had generations of family members who have worked in the industry.

The final decision now rests with the Maryland Video Lottery Facility Location Commission. Commission chair Donald Fry indicated to several residents at the conclusion of the Oct. 25 public hearing that written comments will be accepted through early November. Please email those comments to VLFLC.Comments@Maryland.gov. Again, this will be your LAST CHANCE TO SPEAK UP before the final decision is made in December on where the casino will go. During that time, we will continue to collect signatures on the online petition that we started, which is available at <http://chn.ge/19ranC6>. The final decision now rests with the Maryland Video Lottery Facility Location Commission. Commission chair Donald Fry indicated to several residents at the conclusion of last Friday's public hearing that written comments will be accepted for the next two weeks. Please email those comments to VLFLC.Comments@Maryland.gov. Again, this will be your LAST CHANCE TO SPEAK UP before the final decision is made in December on where the casino will go. During that time, we will continue to collect signatures on our online petition at <http://chn.ge/19ranC6>.

The Bus– Proposed Routes South County (35 & 36) Passenger Survey

Please come and help us in planning for your transit needs by completing and returning the short survey.

Please come and pickup your survey from the Town Hall and return it to:

Prince George's County Department of Public Works & Transportation

OFFICE OF TRANSPORTATION

9400 Peppercorn Place, Suite 320

Largo, Maryland 20774

Phone: 301.883.5656 * Fax: 301.925.1224

Town Community News



Volunteers Bring About a Successful Clean Up, Green Up 2013

Thanks to all of our wonderful volunteers for pitching in during the 3rd annual countywide “Clean Up, Green Up” event on Oct. 19!

We had two different projects taking place this year. One group of volunteers assisted with plantings for a new town community garden located off Seneca Drive. Another group of volunteers picked up trash behind Forest Heights Elementary near Oxon Run. We

even had one dedicated young volunteer in a wheelchair come out to pick up trash! Altogether, we had an extremely productive morning, and we hope to have more people come out for future town-related beautification projects. We would also like to acknowledge Darlene Kuny and Everette Bradford of the Alice Ferguson Foundation for their assistance.



Halloween Haunted House and Party*

We wanted to thank everyone who stepped in and helped out with our Forest Heights Halloween Haunted House and Party this year. We definitely would not have been able to pull off

both of these events without your help! This was the first year that we held the Haunted House at 606 Modoc Lane located behind the municipal building and it was a great success. We always look forward to this time of the year; for us, it is great to see so many people come out and get involved in our community, particularly our youths. We would also like to acknowledge the Forest Heights Police Department for their involvement. Thank you all!



Forest Heights Elementary Competes in 28th Season of Science Bowl

Congratulations to Forest Heights Elementary, whose students competed in this year's Science Bowl at the Bonnie F. Johns Educational Media Center in Landover for the first time in the tournament's 28-year history!

Forest Heights Elementary competed in the first elementary school quarterfinal round of the season on Oct. 1 (which aired Oct. 14-20) along with Pointer Ridge Elementary in Bowie; Mattaponi Elementary in Upper Marlboro; and Tayac Elementary in Fort Washington. This year, several schools dropped out, so Forest Heights had a chance to compete, reported the Prince George's Gazette. Prince George's County has more than 150 elementary and middle schools, but only 40 schools can compete in the Science Bowl.

Black Friday Traffic at Tanger Outlets

Attention residents! The Tanger Outlets across from National Harbor is scheduled to open by Black Friday (Nov. 29, 2013).



There will be a Grand Opening event Nov. 22-24. County officials have already warned that there will be a great deal of traffic in that general area, so please plan accordingly! Residents may want to avoid Oxon Hill Road for the earlier part of Black Friday if at all

possible. Since the outlet mall has approximately 1,000 parking spots which will most likely not be enough to accommodate the influx of Black Friday shoppers there are plans underway to have overflow parking at Oxon Hill Manor or other nearby locations.

The Weatherization Assistance Program (WAP) operated by the Maryland Department of Housing and Community Development. Free Programs and Single Family Special Loans. Two more Forest Heights residents took advantage of the Free Home Weatherization Program.

They were awarded this service through a Collaboration Grant from MEA. Mayor Goodall is continuously seeking ways to assist residents with weatherization and ask that residents take advantage of these grants. Call Ms. Reifsneider if you are interested in our ongoing program for weatherization.

Call Anne Reifsneider for appointment 301-839-1146



Get Paid to Clean Up Stormwater Runoff and Beautify Your Community!



Rain Check Rebate workshops, fear not! The Prince George's County Department of Environmental Resources is hosting two more public workshops in November, to provide information on the County's new Rain Check Rebate Program. The program provides cash rebates to residents and businesses for managing rainwater runoff on their property

The workshops will explore the best management practices covered by the program which include: rain barrels; rain gardens; cisterns; tree planting; permeable pavement or pavers; pavement removal and green roofs.

County staff will provide detailed information on each practice, discuss the program's eligibility requirements, explain how to apply and help you determine which practice will work for your property.

Details: All workshops will be held from 6:30 p.m.-8:30 p.m.

College Park Workshop, November 20, 2013 City of College Park City Hall, 4500 Knox Road College Park, MD 20740. There will be a door prize drawing!

Town Community New

Register for a class today!



6201 RIVERDALE ROAD
SUITE 200
RIVERDALE, MARYLAND
20737

SEED, a HUD approved housing agency, is committed to preparing potential homebuyers for successful homeownership by providing clients with one-on-one counseling, workshops, and in-home classes with industry professionals. While in the housing counseling program clients will learn what mortgage options are available today and how to gain access to State and County down payment and closing cost assistance programs. The process of purchasing a home, from how to improve your credit to choosing a realtor and title agent will be discussed.



HUD APPROVED

FIRST TIME HOME BUYER CLASSES



Saturday, November 16, 2013
8:30am-4:30pm

Cost: \$49
Paid Registration is Mandatory
Limited spots available; Lunch Provided

Contact Willie Hall at 301-458-9808, ext. 138 or via email whalljr@seedinc.org



NEW Online Classes available:
Select your State and County to find SEED at ehomeamerica.org.

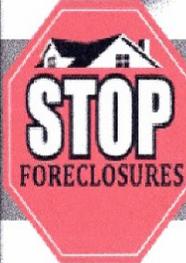


TOWN HALL MEETING



NAACP

FOR MORE INFORMATION CONTACT:
CARMEN JOHNSON, 301-322-8435
CJOHNSON@KATIEBLEFOUNDATION.ORG



PRINCE GEORGE'S NAACP ASKS MARYLAND'S GOVERNOR TO ISSUE EXECUTIVE ORDER FOR A MORATORIUM ON FORECLOSURES IN THE STATE

DATE: SATURDAY, NOVEMBER 16
TIME: 11:00AM-1:00PM
LOCATION: JERICO CITY OF PRAISE
8601 JERICO CITY DRIVE
LANDOVER, MD 20785

**HOMEOWNERS AND MARYLAND VOTERS
WE NEED YOUR HELP!**

Our elected officials must urge Governor O'Malley to issue an executive order for a moratorium on foreclosures. Claims of dual tracking, unfair modifications and other questionable practices have come to our attention and need to be investigated by an impartial party.

There will be an opportunity for public comment and to address the public officials that are in attendance.

MEETING PARTNERS:



TRAVEL WITH CATHY PRESENTS

Orlando Florida



INCREDIBLE PRICE INCLUDES:

- Motorcoach transportation
- 6 nights lodging including 4 consecutive nights in Orlando
- 10 meals: 6 breakfasts and 4 dinners
- Admission to the HOLY LAND EXPERIENCE - Ancient Jerusalem re-created in Orlando!
- Visit to MORSE MUSEUM - see the beautiful TIFFANY CHAPEL from the 1893 Chicago World's Fair
- Admission to ARABIAN NIGHTS - exciting equestrian Dinner Show
- Visit BOK TOWER GARDENS - National Historic Landmark and tranquil oasis
- and much more

\$559*

7 DAYS 6 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

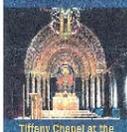
(Sun - Sat)

June

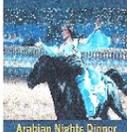
22 - 28, 2014



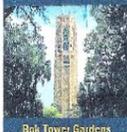
The Holy Land Experience



Tiffany Chapel at the Morse Museum



Arabian Nights Dinner Show



Bok Tower Gardens

Departure: Oxon Hill, MD @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped Motorcoach and head towards exciting Orlando, Florida. Then, settle into a comfortable en route hotel for a good night's rest.
Day 2: Enjoy a Continental Breakfast. Today you will continue your journey, then enjoy a leisurely Dinner and check into an Orlando area hotel for a four night stay.
Day 3: Enjoy a Continental Breakfast and depart for the HOLY LAND EXPERIENCE, and travel back in time to ancient Israel. Experience music and dancing shows, and re-enactments of Jesus' life and death. Walk through a Jerusalem street market. Marvel at a six-story recreation of Herod's Temple. Witness Moses and the Children of Israel in the Wilderness Tabernacle. See the world's largest indoor model of Jerusalem and a priceless collection of ancient manuscripts and scrolls. Tonight, enjoy Dinner at a local restaurant.
Day 4: Enjoy a Continental Breakfast and prepare for an unforgettable day - including ARABIAN NIGHTS, a mesmerizing equestrian dinner show that brings fairy tales to life on horseback! But first, depart for BOK TOWER GARDENS, a tranquil oasis on a beautiful estate surrounded by rolling hills of Florida orange groves. The ornately sculpted "Singing Tower" houses a 60-bell carillon and concerts fill the lush gardens daily. It is a remarkable experience that will elevate your mind and spirit.
Day 5: After Continental Breakfast, it's off to DOWNTOWN DISNEY with its exciting stores and unique restaurants. Then, visit beautiful Winter Park, Florida. At the MORSE MUSEUM, see the magnificent chapel interior designed by LOUIS COMFORT TIFFANY for the 1893 Chicago World's Fair. Enjoy the world's largest collection of Tiffany's legendary stained glass works, jewelry, art, and more. Afterwards, stroll along Winter Park's unique Park Avenue, with its interesting cafes, galleries, shops, and antique stores. Tonight, enjoy Dinner before returning to your hotel.
Day 6: Enjoy a Continental Breakfast before leaving for a visit to Historic St. George Street in St. Augustine, FL. This evening, relax at your en route hotel.
Day 7: Today after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the inspirational and fun things you've done, the great sights you've seen, and where your next group trip will take you!

AND RANGE OF NIND TO YOUR TRIP...
With Diamond Tours Exclusive Travel Guidelines Protection Plan If you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *\$100 per person, based on double occupancy. Add \$180 for single occupancy. Final Payment Due: 4/16/2014

FOR INFORMATION & RESERVATIONS CONTACT:
Cathy Clark @ (202) 310-8662



Designing Group Travel to a Higher Standard

The Gold of Travel No. 5 (2013)

Form ID: AM1-7620M

WIN

Tour #: 973664



6201 RIVERDALE ROAD
SUITE 200
RIVERDALE, MARYLAND
20737

SEED INC., a HUD approved housing agency, is dedicated to helping homeowners prevent foreclosure. With the help of professional housing counselors, one-on-one counseling and educational workshops are provided regarding the Process and Timeline of Foreclosures in Maryland. Preserving Homeownership topics include options for preventing foreclosure, how to improve your credit and develop a budget and how to communicate with your lender. SEED's experience in the area of foreclosure prevention serves as an enormous resource in providing information and options to their clients. This invaluable education gives you the power to make an informed decision.



Register for a free workshop today!

Foreclosure Prevention Workshop



When:
Wednesday, November 20, 2013
6:30 PM — 8:30 PM
Suite 200

CONTACT INFORMATION
Willie Hall
301-458-9808, ext. 138
whalljr@seedinc.org

Community Healthy Heights Tips



The Red Flag Conference

“If Only I had Known...”

Saturday November 23, 2013 10 a.m.-3:30 p.m.

Registration begins at 9:30 a.m.

Who Should attend:

*Domestic Violence Survivors * Advocates * Service Providers*

Sexual Abuse Survivors

FBCG Ministry Center 3600 Bright seat Road Landover, MD 20785

301-773-3600 Email domesticviolence@fbcglenarden.org and tamar@fbcglenarden.org

YARD SALE

TOWN OF FOREST HEIGHTS AND
ABUNDANT LIFE MINISTRIES

5533 LIVINGSTON ROAD,
FOREST HEIGHTS, MD 20745

SATURDAY, NOVEMBER 9, 2013

8:00 A.M. – 3:00 P.M.

VENDORS WANTED

SPACE \$15 AND TABLE \$ 5
CONTACT TOWN OFFICE

(301) 839-1030 OR

202-510-8662

Prince George's County Reaching Out to Assist Homeless Youth, Top 10 List

Cash, Welcome Kits including shampoo, deodorant, New youth-appropriate clothing items, New linens, After-school activity equipment, School supplies/ electronics, Vinyl covered twin size mattresses, Scholarships, Sponsorship for youth, Food gift cards, Metro SmartTrip cards.

Thank you for donating to Prince George's County's homeless youth shelter, Promise Place.

The 24 hour, 7 days a week shelter provides a safe haven with 20 beds for youth ages 12-24. Please contact 301-909-6330 or promise.place@maryland.gov



Jordan Market

The Holiday's Season Approaches... come get your fresh GREENS from out of my Garden!

*Kale, Rake, Mustard, Turnip
and Collards*

211 North Huron Dr.

Saturday and Sunday

November 16-17 and 23-24

10:00—5:00 P.M.

you may contact me at 202-213-6764



Little Known First Facts

The first state to require a driver's license was Rhode Island in 1908.

The first radar used to catch speeders was by an Indiana policeman in 1965.

If you want to ice skate in the largest skating rink in the world you would have a travel to Moscow.

During a typical growing season, a mature oak tree gives off 28,000 gallons of moisture.

A bolt of lightning generates temperatures that are as much as five times hotter than the surface of the sun.

THOUGHT—You can't build a reputation on things you are going to do.

“My Biggest Motivation? Just to keep challenging myself. I see life almost like one long university education that I never had. Every day I am learning something new.” **Richard Branson, founder of the Virgin Brand**

Senior Community News

FREE HOLIDAY

SENIORS LUNCHEON

Enjoy a healthy lunch, receive giveaways, and gain valuable information from professionals!

WHEN: Thursday, Nov. 21, 2013, 11:30 am-1:30 pm

WHERE: Town Hall Community Room

5508 Arapahoe Drive, Forest Heights, MD 20745

RSVP Mrs. Hawkins by November 15, at 301-839-1030

Our senior residents! Please join us **Thursday, Nov. 21, 2013** from 11:30 AM to 1:30 PM for a FREE Senior Luncheon at the Town Hall Building. Our guest speaker will be Theosilo "Ted" Peterkin from AARP Maryland, who will discuss the Affordable Care Act and what it means for people who are on Medicare, privately insured or uninsured; state health programs; safe driving among older residents; and other relevant topics. To register, please RSVP to Mrs. Hawkins by Friday, November 15, at 301-839-1030.

**Senior (50+) Free YMCA
Exercise Classes
Monday and Wednesday
Class Begin at 12:00 noon**



**Thanks for your interest and
support the
computer classes is
now full.**



60+ Plus Committee welcomes you to "Community Cards"

Councilman Robert Barnes work to provide activities and service to our citizens. Please mark your calendar for the:

"Community Card" FIRST and THIRD SATURDAY of each month from 1:00 – 3:00 p.m.

For information on any of these programs, or to get involved, contact Councilman Barnes at **301-839-1030 ext. 303** anytime day or night, and leave a message.



*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

WHAT IS BULK TRASH?

- Household furniture, mattresses, and box springs, which can be compacted by the trash trucks



WHAT IS NOT BULK TRASH!

- Appliances such as stoves, washing machines, refrigerators, hot water heaters, tires, and trash

Trash/Recycle Collection is to be Placed at the Curb the Night before Collection

PICK-UP DAYS BEGIN AT 6:30 a.m.

MONDAY—Recycle & Trash

Yard Waste will be Picked Up on Wednesday

THURSDAY—Bulk

METAL PICK-UP Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00
Propane Tank Pick-ups are \$30 each

FOREST HEIGHTS LEAF COLLECTION PROGRAM

Once again we are approaching the leaf collection season. Help us keep our Town looking sharp and we will all benefit.

Remember:

- Yard waste will be collected only on Wednesday
- The yard waste may be set out Tuesday night or early Wednesday morning
- Residents will be cited if the yard waste is set out at other times
- Leaves must be bagged
- Please **do not** place or blow leaves and grass in the street or storm drain
- Residents are urged to keep up with the leaf collection on a weekly or bi-weekly basis
- Leaves can be a healthy compost for your garden, especially if using an outdoor composter
- Leaves left on the yard are unsightly, hard to clean up in the spring and can suffocate the grass.

Thank you for helping us keep our
Town Looking Sharp!



ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236
8:30a.m.—5:00 p.m.
www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext. 223
jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 301
ward1handinhand@aol.com

Robert Barnes —ext. 303
RBarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II— ext. 304
jvkennedy2@yahoo.com

Cynthia Mann— ext. 305
CMann@forestheightsmd.gov

Ward III

Habeeb-Ullah Muhammad— ext.300
ward3muhammad@yahoo.com

Larry Stoner—ext 302
Lmstoner@verizon.net

ADMINISTRATIVE OFFICES

Vern Haeefe,
Town Administrator— ext. 234
VHaeefe2010@gmail.com

Bonita Anderson, Town Clerk—ext. 233
BAnderson@forestheightsmd.gov

Sherletta Hawkins,
Administrative Assistant—ext. 229
SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer-ext. 221
LVAughn@forestheightsmd.gov

Mimi Liu
Town Communications Specialist
liu.y.mimi@gmail.com

Melanie Otto
Town Webmaster
fh.md.webmaster@gmail.com

COMMUNITY CALENDAR NOVEMBER 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Town Mtg. 7:30 pm Exercise Classes 12 noon Farmers' Market St. Mark AME Church Indian Head Hwy 12noon-5pm.	5 Computer Class	6 Exercise Classes 12 noon	7 Neighborhood Watch at 7:00 p.m. Computer Class 12:00 noon Bulk Trash Pickup	8 Last Day to Pay for Food Share 3:30pm	9 Yard Sale Abundant Life Ministries 8-3pm Go-to High School, Go-to College Fair Sponsored by Alpha Phi Alpha Fraternity 7700 Bock Road Fort Washington, MD 10-1:pm. A Green Craft Fair Watkins Park Nature Center 10-4p.m.
10	11 Exercise Classes 12 noon Trash/Recycling Farmers' Market St. Mark AME Church Indian Head Hwy 12noon-5pm.	12 Computer Class	13 Exercise Classes 12 noon Yard Waste	14 Computer Class Bulk Trash Pickup	15 Christmas on the Potomac and ICE National Harbor 15-30 LAST DAY TO SIGN UP FOR LUNCHEON	16 2nd Annual Arts Gala Awards
17	18 Exercise Classes 12 noon Trash/Recycling Farmers' Market St. Mark AME Church Indian Head Hwy 12noon-5pm.	19 Computer Class	20 Town Mtg. 8pm Exercise Classes 12 noon Yard Waste Afternoon Tea: Maribeth and Bradford Gowen 2pm.	21 SENIOR LUNCH 12:00 NOON No Computer Class Bulk Trash Pickup	22	23 Pickup Share Food Package by 11:00 a.m.
24	25 Exercise Classes 12 noon Trash/Recycling	26 Computer Class	27	28	29 Tree Lighting and Fireworks National Harbor Harbor Holiday Market National Harbor Nov.29-Jan.5	30

<u>Package "A"</u> <u>Value Package</u> <u>\$20.00</u>	<u>Package "B"</u> <u>THANKSGIVING DINNER</u> <u>\$30.00</u>	<u>Package "C"</u> <u>Value Plus A Turkey</u> <u>\$39.00</u>
Whole Roasting Chicken Pollock Filets, Ground Turkey Stuffing Mix, Elbow Macaroni Fully-baked, Frozen Pie, Fresh Sweet potatoes Fresh White Potatoes Fresh Onions, Fresh Celery Fresh Apples	A Festive Meal for Six A 10-14# grain-fed, antibiotic-free turkey Plus delicious, hearty and festive sides oven-ready Sweet potato casserole, green beans, corn, macaroni and cheese, and a fully-baked pie	Value plus a Turkey 10-14# grain-fed Turkey Whole Roasting Chicken Pollock Filets Ground Turkey, Stuffing Mix, Elbow Macaroni Fully-baked, A Frozen Pie, Fresh Sweet Potatoes Fresh White Potatoes, Fresh Onions Fresh Celery, Fresh Apples

SHARE FOOD NETWORK FOR NOVEMBER

Pickup Saturday November 23, 2013

ORDER AND PAY By November 8, 2013

Pickup between 10:00 a.m. to 11:00 a.m. NOTE CASH ONLY

As of Dec. 31 2013 the Food Share Program will be discontinued, because of a lack of interest. Thanks to those who saw the advantages of participating. Councilman, Robert O. Barnes, Jr.